

May 17st, 2017

Dear First Year Student Athlete,

The Cornell Sports Medicine Department would like to welcome you to Cornell College. This letter's purpose is to inform you of the required forms you need to turn in to participate in Cornell Athletics along with the deadlines for these forms.

Physical:

You will need to fill out the Demographic and Health History form from Cornell College's Student Health Center. Your Physician will need to fill out the Physical portion of this form. This physical form is for the STUDENT HEALTH CENTER and NOT for the sports medicine department. These forms can also be downloaded from the following website: <http://www.cornellcollege.edu/student-health/newstudent-healthforms/index.shtml>

For the Sports Medicine Department:

We will need a front and back copy of your **Primary Medical Insurance Card**.

Primary Health Insurance:

Every student athlete at Cornell College must have primary major medical insurance to be eligible to participate in intercollegiate athletics. It is your responsibility to make sure that your primary insurance provides **adequate** coverage while you attend Cornell College. Some examples that may not provide coverage are state funded programs, military, and HMO's. If your policy does not cover you while at Cornell College you will need to purchase additional short term medical insurance so you are covered during your competitive season. Cornell does offer a short term primary medical policy through EIIA. It costs \$650, and offers coverage during the athlete's competitive season and NCAA sanctioned non-traditional season practices for only athletic injuries, with no deductible and \$5,000 of coverage for athletic injuries. If you are interested in this please contact me.

Secondary Health Insurance:

Cornell also offers secondary health insurance coverage in which all student-athletes are enrolled in automatically with no charge to the student-athlete. The secondary insurance is designed to offset **some** of the cost that your primary insurance does not cover. It only covers athletes for athletic injuries during their competitive season, and also during NCAA sanctioned non-traditional practice times. You must have primary insurance coverage for this policy to take effect. **Please do not assume that all medical bills will be covered under this secondary insurance.**

NCAA and Attention Deficit Hyperactivity Disorder (ADHD):

If you have been diagnosed with ADHD and are currently under medication, you must provide documentation per NCAA guidelines. There is a link on our website below for all of the information needed to be compliant with NCAA rules.

Additional information regarding Primary and Secondary Insurance, and ADHD compliance can be found at:

http://www.cornellrams.com/ff/Physical_Forms.php

If you have any questions please feel free to contact me. We look forward to meeting you this fall.

Sincerely,

Loren Nydegger
Head Athletic Trainer
Cornell College
(319) 895-4573
lnydegger@cornellcollege.edu