



May 18 2017 • 11:25 PM • www.tfrrs.org

Augustana Midwest Twilight Final Qualifier Women's Results  
05-18-17  
Augustana College - Rock Island, IL

## 100m

Wind: 0.2

PLACE	OVERALL	NAME	YEAR	TEAM	TIME	SCORE
1.	1.	Willhite, Hannah	FR-1	Augustana (Ill.)	12.20	-
2.	2.	Ezewuzie, Favor	FR-1	Wheaton (Ill.)	12.40	-
3.	3.	Spear, Mallory	SR-4	Buena Vista	12.47	-
4.	4.	Liske, Nicole	SR-4	Nebraska Wesleyan	12.77	-
5.	5.	Enis, Candace	SO-2	Dubuque	13.04	-
6.	6.	Lahart, Kellie	SR	Iowa Track and Field Club	13.04	-
7.	7.	Wisnieski, Lindsey	SO-2	Nebraska Wesleyan	13.06	-
8.	8.	Klein, Laura	FR-1	Dubuque	13.89	-

## 200m Section #1

Wind: 1.6

PLACE	OVERALL	NAME	YEAR	TEAM	TIME	SCORE
1.	13.	Robb, Zoe	SR-4	Augustana (Ill.)	27.88	-
2.	16.	Talken, Ashley	SO-2	Augustana (Ill.)	28.43	-
3.	17.	Robinson, T'Nauzhae	FR-1	Dubuque	28.95	-
4.	18.	Klein, Laura	FR-1	Dubuque	29.30	-
5.	19.	Gerdemann, LuAnna	SO-2	Augustana (Ill.)	29.63	-
6.	20.	Flanagan, Leah	FR-1	Augustana (Ill.)	29.99	-

## 200m Section #2

Wind: 1.7

PLACE	OVERALL	NAME	YEAR	TEAM	TIME	SCORE
1.	9.	Frey, Sarah	JR-3	Wheaton (Ill.)	26.53	-
2.	10.	Lahart, Kellie	SR	Iowa Track and Field Club	26.81	-
3.	11.	Thomson, Rachel	SR-4	Wheaton (Ill.)	27.11	-
4.	12.	Schnoor, Libby	JR-3	Cornell College	27.52	-
5.	14.	McEnroe, Morgan	FR-1	Augustana (Ill.)	27.99	-
6.	15.	Schinkel, Alyssa	SR	Iowa Track and Field Club	28.40	-

## 200m Section #3

Wind: 1.0

PLACE	OVERALL	NAME	YEAR	TEAM	TIME	SCORE
1.	1.	Zimmer, Maddison	SR-4	Illinois Wesleyan	24.92	-
2.	2.	Spear, Mallory	SR-4	Buena Vista	24.94	-
3.	3.	Heitman, Hope	SO-2	Central College	25.06	-
4.	4.	Dansdill, Maggie	JR	Wheaton College	25.15	-
5.	5.	Brown, Natasha	SO-2	Wheaton (Ill.)	25.26	-
6.	6.	Noland, Gabrielle	FR-1	Loras	25.36	-
7.	7.	Oltman, Liz	SR-4	Illinois Wesleyan	25.58	-

8.	8.	Brummet, Amanda	SR-4	Coe	25.80	-
----	----	-----------------	------	-----	-------	---

**400m**

PLACE	OVERALL	NAME	YEAR	TEAM	TIME	SCORE
1.	1.	Krick, Katie	SR-4	Nebraska Wesleyan	55.49	-
2.	2.	Hunke, Abigail	SR-4	Nebraska Wesleyan	57.56	-
3.	3.	Frey, Sarah	JR-3	Wheaton (Ill.)	58.59	-
4.	4.	Frazier, Anna	SO-2	Nebraska Wesleyan	1:00.93	-
5.	5.	McEnroe, Morgan	FR-1	Augustana (Ill.)	1:03.59	-
6.	6.	Gerdemann , LuAnna	SO-2	Augustana (Ill.)	1:07.00	-

**800m**

PLACE	OVERALL	NAME	YEAR	TEAM	TIME	SCORE
1.	1.	Carlsen, Maddie	JR-3	Wartburg	2:17.85	-
2.	2.	Lenners, Morgan	SR-4	Nebraska Wesleyan	2:18.72	-
3.	3.	Plumb, Ashley	SO-2	St. Ambrose	2:19.35	-
4.	4.	Lampe, Sarah	SR-4	St. Ambrose	2:21.08	-
5.	5.	Cochrane, Emma	SO-2	Cornell College	2:21.69	-
6.	6.	Focht, Riley	SR-4	Nebraska Wesleyan	2:24.09	-
7.	7.	Carlson, Shelby	SR-4	St. Ambrose	2:32.50	-
8.	8.	Humecke, Jill	FR-1	Augustana (Ill.)	2:36.39	-
9.	9.	Cline, Kylie	SO-2	Augustana (Ill.)	2:41.83	-
10.	10.	McNair, Laura	SO-2	Augustana (Ill.)	2:58.38	-

**1500m Section #1**

PLACE	OVERALL	NAME	YEAR	TEAM	TIME	SCORE
1.	9.	Hartman, Belle	SO-2	Augustana (Ill.)	5:28.24	-
2.	12.	Koszewski, Claire	FR-1	Augustana (Ill.)	5:40.38	-
3.	13.	Vallejo, Isabel	JR-3	Augustana (Ill.)	5:41.88	-
4.	14.	Connolly, Alayna	SO-2	Augustana (Ill.)	5:45.67	-
5.	15.	Rosenthal, Lauren	JR-3	Augustana (Ill.)	5:46.42	-
6.	16.	Blecha, Comet	JR-3	Augustana (Ill.)	5:52.00	-
7.	17.	Bacon, Claire	JR-3	Augustana (Ill.)	5:55.03	-
8.	18.	Stanley, Kaitlyn	SO-2	Augustana (Ill.)	5:55.14	-
9.	19.	Castillo, Marielena	FR-1	Augustana (Ill.)	5:57.63	-
10.	20.	Miller, Tayloran	FR-1	Augustana (Ill.)	6:00.36	-
11.	21.	Bosslet, Nora		Augustana (Ill.)	6:44.85	-
12.	22.	Shipp, Arianne	FR-1	Augustana (Ill.)	6:44.94	-

**1500m Section #2**

PLACE	OVERALL	NAME	YEAR	TEAM	TIME	SCORE
1.	1.	Woodall, Nicole	SR-4	St. Ambrose	4:46.96	-
2.	2.	DeArmond, Michelle	SO-2	Augustana (Ill.)	5:02.63	-
3.	3.	Jepson, Brianna	JR-3	Augustana (Ill.)	5:06.27	-
4.	4.	Casey, Abby	FR-1	Augustana (Ill.)	5:08.91	-
5.	5.	Penn, Hannah	SO-2	Augustana (Ill.)	5:09.21	-
6.	6.	Wingerd, Cassidy	SO-2	Augustana (Ill.)	5:14.76	-
7.	7.	Cline, Kylie	SO-2	Augustana (Ill.)	5:20.53	-
8.	8.	Lechtenberg, Jessica	SO-2	Augustana (Ill.)	5:25.59	-
9.	10.	Friedrich, Katrina	SR-4	Augustana (Ill.)	5:31.22	-
10.	11.	Renihan, Mackenzie	SO-2	Augustana (Ill.)	5:37.16	-

**5000m**

PLACE	OVERALL	NAME	YEAR	TEAM	TIME	SCORE
-------	---------	------	------	------	------	-------

1.	1.	Ries, Sophia	SR-4	Augustana (Ill.)	19:44.55	-
2.	2.	Whisler, Brenna	SR-4	Augustana (Ill.)	20:17.61	-
3.	3.	Lundine, Lizzie	UN	Unattached	20:18.09	-
4.	4.	Rodriguez, Genevieve	JR-3	Augustana (Ill.)	20:41.14	-
5.	5.	Scanlan, Sierra	JR-3	Augustana (Ill.)	22:13.51	-
6.	6.	Hernandez, Alondra	JR-3	Augustana (Ill.)	23:09.71	-

**100H**

Wind: -0.3

PLACE	OVERALL	NAME	YEAR	TEAM	TIME	SCORE
1.	1.	Wajner, Sofia	FR-1	Augustana (Ill.)	14.68	-
2.	2.	Hooks, Audrey	SR-4	Loras	14.78	-
3.	3.	Leach, Nikki	SR-4	Cornell College	15.05	-
4.	4.	Spear, Madison	SR-4	Buena Vista	15.43	-
5.	5.	Redlinski, Jocelyn	UN	Unattached	15.65	-
6.	6.	Schnoor, Libby	JR-3	Cornell College	17.47	-
7.	7.	Helgemoe, Bobbi Jo	JR-3	Dubuque	18.67	-
8.	8.	Blake, Renee	FR-1	Augustana (Ill.)	19.58	-
9.	9.	McLeod, Rachel	FR-1	Augustana (Ill.)	20.78	-

**400H**

PLACE	OVERALL	NAME	YEAR	TEAM	TIME	SCORE
1.	1.	Smith, Molly Jo	SR-4	St. Ambrose	1:01.23	-
2.	2.	Evans, Tabitha	SR-4	Wheaton (Ill.)	1:02.00	-
3.	3.	Heath, Marissa	FR-1	Wheaton (Ill.)	1:02.59	-
4.	4.	Wajner, Sofia	FR-1	Augustana (Ill.)	1:04.81	-
5.	5.	Kilburg, Rachel	JR-3	Loras	1:05.92	-
6.	6.	Pagel, Katrina	JR-3	Dubuque	1:10.38	-

**3000 Steeple**

PLACE	OVERALL	NAME	YEAR	TEAM	TIME	SCORE
1.	1.	Awtry, Hannah	SO-2	Nebraska Wesleyan	11:04.32	-
2.	2.	Beiermann, Ellie	FR-1	Nebraska Wesleyan	11:05.88	-
3.	3.	Nelson, Amanda	JR-3	Augustana (Ill.)	11:33.02	-

**4 x 100 Relay**

PLACE	OVERALL	TEAM	SQUAD	ATHLETES	TIME	SCORE
1.	1.	Loras	A	Alt, Simon, Solis, Noland	47.78	-
2.	2.	Wheaton (Ill.)	A	Ezewuzie, Dansdill, Heath, Brown	48.01	-
3.	3.	Augustana (Ill.)	A	Glatz, Hogenkamp, Hartman, Harmon	55.46	-

**4 x 400 Relay**

PLACE	OVERALL	TEAM	SQUAD	ATHLETES	TIME	SCORE
1.	1.	Wheaton (Ill.)	A	Heath, Brown, Dansdill, Thomson	3:51.21	-
2.	2.	Loras	A	Alt, Simon, Serres, Hanson	3:51.62	-
3.		Loras	B	Kilburg, Solis, Noland, Hooks	NT	-

**High Jump**

PLACE	OVERALL	NAME	YEAR	TEAM	METRIC	ENGLISH	SCORE
1.	1.	Ayoola, Ade	JR-3	U. of Chicago	1.69m	5' 6.5"	-
2.	2.	Stratman, Camarie	FR-1	Nebraska Wesleyan	1.61m	5' 3.25"	-
3.	3.	McGraw, Molly	JR-3	Illinois Wesleyan	1.61m	5' 3.25"	-
4.	4.	Hempstead, Toree	SO-2	Nebraska Wesleyan	1.61m	5' 3.25"	-

5.	5.	Redlinski, Jocelyn	UN	Unattached	1.56m	5' 1.25"	-
6.	6.	Harmon, Brooke	FR-1	Augustana (Ill.)	1.46m	4' 9.5"	-
7.	7.	Hogenkamp, Audrey	SO-2	Augustana (Ill.)	1.41m	4' 7.5"	-
8.		Lechtenberg, Jessica	SO-2	Augustana (Ill.)	NH	NH	-
9.		Blecha, Comet	JR-3	Augustana (Ill.)	NH	NH	-
10.		Utgaard, Maggie	SO-2	Augustana (Ill.)	NH	NH	-
11.		Sitkowski, Ashton	FR-1	Hendrix	NH	NH	-

### Pole Vault

PLACE	OVERALL	NAME	YEAR	TEAM	METRIC	ENGLISH	SCORE
1.	1.	Schneider, Isabella	SR-4	Illinois Wesleyan	3.58m	11' 9"	-
2.	2.	Flanagan, Leah	FR-1	Augustana (Ill.)	3.58m	11' 9"	-
3.	3.	Butcher, Mackenzie	SO-2	Augustana (Ill.)	3.58m	11' 9"	-
4.	4.	Robb, Zoe	SR-4	Augustana (Ill.)	3.43m	11' 3"	-
5.	5.	Talken, Ashley	SO-2	Augustana (Ill.)	2.98m	9' 9.25"	-
6.	6.	Moore, Rebecca	JR-3	Aurora	2.98m	9' 9.25"	-
7.	7.	Kampert, Courtney	JR-3	Augustana (Ill.)	2.98m	9' 9.25"	-
8.		Leonard, Shelby	FR-1	Aurora	NH	NH	-
9.		Horack, Madissyn	SO-2	Illinois Wesleyan	NH	NH	-
10.		Gradishar, Jamie	SR-4	Illinois Wesleyan	NH	NH	-

### Long Jump Flight #1

PLACE	OVERALL	NAME	YEAR	TEAM	METRIC	ENGLISH	SCORE	WIND
1.	8.	Frazier, Anna	SO-2	Nebraska Wesleyan	4.90m	16' 1"	-	2.0
2.	9.	Klein, Laura	FR-1	Dubuque	4.72m	15' 6"	-	3.4
3.	10.	Enis, Candace	SO-2	Dubuque	4.61m	15' 1.5"	-	3.6
4.	12.	Robinson, T'Nauzhae	FR-1	Dubuque	4.52m	14' 10"	-	4.2
5.	13.	Lahart, Kellie	SR	Iowa Track and Field Club	4.52m	14' 10"	-	4.5
6.	14.	Heimark, Jenna	FR-1	Dubuque	4.51m	14' 9.75"	-	2.2
7.	15.	Glatz, Madi	FR-1	Augustana (Ill.)	4.42m	14' 6"	-	4.0
8.	16.	Schinkel, Alyssa	SR	Iowa Track and Field Club	4.38m	14' 4.5"	-	2.3
9.	17.	McLeod, Rachel	FR-1	Augustana (Ill.)	4.05m	13' 3.5"	-	4.1

### Long Jump Flight #2

PLACE	OVERALL	NAME	YEAR	TEAM	METRIC	ENGLISH	SCORE	WIND
1.	1.	Glueck, Amelia	JR-3	Illinois Wesleyan	5.85m	19' 2.5"	-	2.0
2.	2.	Schnoor, Libby	JR-3	Cornell College	5.27m	17' 3.5"	-	3.2
3.	3.	Wisnieski, Lindsey	SO-2	Nebraska Wesleyan	5.15m	16' 10.75"	-	3.6
4.	4.	Liske, Nicole	SR-4	Nebraska Wesleyan	5.04m	16' 6.5"	-	2.8
5.	5.	Lamour, Lauren	FR-1	St. Ambrose	4.95m	16' 3"	-	3.2
6.	6.	Skrove, Alyssa	FR-1	Dubuque	4.91m	16' 1.5"	-	1.2
7.	7.	Roth, Sam	SR-4	St. Ambrose	4.90m	16' 1"	-	3.6
8.	11.	Slatter, Aleyha	SO-2	Dubuque	4.56m	14' 11.5"	-	2.9
9.		Ezewuzie, Favor	FR-1	Wheaton (Ill.)	ND	ND	-	

### Triple Jump

PLACE	OVERALL	NAME	YEAR	TEAM	METRIC	ENGLISH	SCORE	WIND
1.	1.	Manley, Hannah	JR-3	Nebraska Wesleyan	11.03m	36' 2.25"	-	+0.0
2.	2.	Evans, Tabitha	SR-4	Wheaton (Ill.)	10.83m	35' 6.5"	-	-0.7
3.	3.	Robinson, T'Nauzhae	FR-1	Dubuque	10.53m	34' 6.75"	-	1.7
4.	4.	Heimark, Jenna	FR-1	Dubuque	10.50m	34' 5.5"	-	0.1
5.	5.	Harden, Markesha	SR-4	Augustana (Ill.)	10.50m	34' 5.5"	-	-0.7
6.	6.	Slatter, Aleyha	SO-2	Dubuque	10.48m	34' 4.75"	-	-0.5
7.	7.	Glatz, Madi	FR-1	Augustana (Ill.)	9.75m	32' 0"	-	2.8
8.	8.	Skrove, Alyssa	FR-1	Dubuque	9.65m	31' 8"	-	1.1

9.	9.	Pagel, Katrina	JR-3	Dubuque	9.28m	30' 5.5"	-	1.2
10.	10.	Klein, Laura	FR-1	Dubuque	9.16m	30' 0.75"	-	0.4
11.	11.	Helgemoe, Bobbi Jo	JR-3	Dubuque	9.14m	30' 0"	-	1.1
12.		Cunningham, Kelsey	SR-4	Augustana (Ill.)	ND	ND	-	
13.		Williams, Shante	JR-3	Illinois Wesleyan	ND	ND	-	

### Shot Put Flight #1

PLACE	OVERALL	NAME	YEAR	TEAM	METRIC	ENGLISH	SCORE
1.	8.	Nicolau, Alicia	JR-3	Carthage	12.40m	40' 8.25"	-
2.	9.	Schlichting, Kayla	FR-1	Dubuque	12.27m	40' 3.25"	-
3.	11.	Voycheske, Ciara	SR-4	Nebraska Wesleyan	12.11m	39' 8.75"	-
4.	13.	Kapnisis, Victoria	SR-4	Wartburg	12.05m	39' 6.5"	-
5.	14.	Kruse, Hannah	JR-3	St. Norbert	11.93m	39' 1.75"	-
6.	15.	Webster, Emily	JR-3	Augustana (Ill.)	11.66m	38' 3.25"	-
7.	16.	Schmidt, Sarah	FR-1	Carthage	10.89m	35' 8.75"	-
8.	17.	Smith, Savanna	SO-2	St. Norbert	10.73m	35' 2.5"	-
9.		Weathers, Adahja	FR-1	Dubuque	ND	ND	-

### Shot Put Flight #2

PLACE	OVERALL	NAME	YEAR	TEAM	METRIC	ENGLISH	SCORE
1.	1.	Atwater, Tanasha	JR-3	Dubuque	14.49m	47' 6.5"	-
2.	2.	Samuels, Isabella	SO-2	Wis.-Oshkosh	14.05m	46' 1.25"	-
3.	3.	Young, Morgan	SR-4	Carthage	13.98m	45' 10.5"	-
4.	4.	Holtz, Sam	JR-3	Wartburg	13.89m	45' 7"	-
5.	5.	Goodman, Karly	JR-3	Illinois Wesleyan	13.68m	44' 10.75"	-
6.	6.	Dolincheck, Dayton	FR-1	Nebraska Wesleyan	13.45m	44' 1.5"	-
7.	7.	Bennett, Mia	JR-3	Carthage	12.99m	42' 7.5"	-
8.	10.	Meager, Hannah	JR-3	Aurora	12.26m	40' 2.75"	-
9.	12.	Willis, Elizabeth	FR-1	Carthage	12.07m	39' 7.25"	-
10.		Rehberg, Anna	FR-1	Wartburg	ND	ND	-

### Discus Flight #1

PLACE	OVERALL	NAME	YEAR	TEAM	METRIC	ENGLISH	SCORE
1.	2.	Meager, Hannah	JR-3	Aurora	45.82m	150' 4"	-
2.	8.	Wethal, Karen	SO-2	Wis.-Stevens Point	43.77m	143' 7"	-
3.	12.	Nicolau, Alicia	JR-3	Carthage	40.57m	133' 1"	-
4.	13.	Hoepner, Larkin	FR-1	Wis.-Stevens Point	39.84m	130' 8"	-
5.	14.	Willis, Elizabeth	FR-1	Carthage	39.61m	129' 11"	-
6.	17.	Ocon, Jocelyn	FR-1	Aurora	37.14m	121' 10"	-
7.	19.	Konfrst, Linnaea	FR-1	Nebraska Wesleyan	35.38m	116' 1"	-
8.	20.	Smith, Savanna	SO-2	St. Norbert	35.10m	115' 2"	-
9.	22.	Kruse, Hannah	JR-3	St. Norbert	33.40m	109' 7"	-
10.	23.	Webster, Emily	JR-3	Augustana (Ill.)	32.04m	105' 1"	-
11.		Willis, Abigail	JR-3	Dubuque	ND	ND	-

### Discus Flight #2

PLACE	OVERALL	NAME	YEAR	TEAM	METRIC	ENGLISH	SCORE
1.	1.	Meckes, Michaela	SR-4	Calvin	48.87m	160' 4"	-
2.	3.	Koel, Gabby	SR-4	Hamlina	45.34m	148' 9"	-
3.	4.	Slowek, Elanta	JR-3	Carthage	45.22m	148' 4"	-
4.	5.	Schmidt, Sarah	FR-1	Carthage	45.10m	147' 11"	-
5.	6.	Nickerson, Mallory	SR-4	St. Norbert	44.17m	144' 11"	-
6.	7.	Young, Morgan	SR-4	Carthage	43.84m	143' 10"	-
7.	9.	Bennett, Mia	JR-3	Carthage	43.31m	142' 1"	-
8.	10.	Strupp, Amanda	SR-4	Wis.-Whitewater	41.49m	136' 1"	-
9.	11.	Kapnisis, Victoria	SR-4	Wartburg	40.94m	134' 4"	-
10.	15.	Lane, Shelby	SO-2	Dubuque	39.24m	128' 9"	-

11.	16.	Voycheske, Ciara	SR-4	Nebraska Wesleyan	38.43m	126' 1"	-
12.	18.	Juenemann, Jessie	FR-1	Hamline	36.69m	120' 4"	-
13.	21.	Betthausen, Kelsey	SO-2	Dubuque	34.77m	114' 1"	-

### Hammer Flight #1

PLACE	OVERALL	NAME	YEAR	TEAM	METRIC	ENGLISH	SCORE
1.	11.	Nicolau, Alicia	JR-3	Carthage	45.33m	148' 9"	-
2.	12.	Hoepner, Larkin	FR-1	Wis.-Stevens Point	44.72m	146' 9"	-
3.	13.	Holtz, Sam	JR-3	Wartburg	42.92m	140' 10"	-
4.	14.	Willis, Elizabeth	FR-1	Carthage	40.79m	133' 10"	-
5.	15.	Webster, Emily	JR-3	Augustana (Ill.)	37.88m	124' 3"	-
6.	16.	Kruse, Hannah	JR-3	St. Norbert	37.28m	122' 4"	-
7.	17.	Ocon, Jocelyn	FR-1	Aurora	34.61m	113' 6"	-

### Hammer Flight #2

PLACE	OVERALL	NAME	YEAR	TEAM	METRIC	ENGLISH	SCORE
1.	1.	Bennett, Mia	JR-3	Carthage	56.01m	183' 9"	-
2.	2.	Atwater, Tanasha	JR-3	Dubuque	55.34m	181' 7"	-
3.	3.	Abhold, Lizzy	SR-4	Wis.-Oshkosh	51.93m	170' 4"	-
4.	4.	Young, Morgan	SR-4	Carthage	51.54m	169' 1"	-
5.	5.	Chase, Lindsay	JR-3	Wis.-Whitewater	50.41m	165' 5"	-
6.	6.	Burmahl, Rebecca	SO-2	Dubuque	49.10m	161' 1"	-
7.	7.	Schmidt, Sarah	FR-1	Carthage	48.49m	159' 1"	-
8.	8.	Strupp, Amanda	SR-4	Wis.-Whitewater	48.45m	158' 11"	-
9.	9.	Meager, Hannah	JR-3	Aurora	47.58m	156' 1"	-
10.	10.	Stuht, Lorell	SR-4	Central College	45.96m	150' 9"	-

### Javelin

PLACE	OVERALL	NAME	YEAR	TEAM	METRIC	ENGLISH	SCORE
1.	1.	Slowek, Elanta	JR-3	Carthage	41.49m	136' 1"	-
2.	2.	Grubbs, Alex	FR-1	Wis.-Stevens Point	37.60m	123' 4"	-
3.	3.	Goodman, Karly	JR-3	Illinois Wesleyan	35.21m	115' 6"	-
4.	4.	Blommer, Amy	UN	Unattached	34.76m	114' 0"	-
5.	5.	Betthausen, Kelsey	SO-2	Dubuque	34.24m	112' 4"	-
6.	6.	Harmon, Brooke	FR-1	Augustana (Ill.)	32.74m	107' 5"	-
7.	7.	Absher, Devyn	SR-4	Augustana (Ill.)	28.18m	92' 5"	-